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| **CALENDÁRIO DIÁRIO** | |  | | --- | | **OBJETIVOS PRIMÁRIOS** | | |  | | --- | | **DATA** | |
| |  |  | | --- | --- | | **PLANO PARA O DIA** | | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | |  |  | | |  | | --- | | **NOTAS + IDEIAS** | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | |  | | |  |  | | --- | --- | | **HORÁRIO DO DIA** | | | **7** |  | | **8** |  | | **9** |  | | **10** |  | | **11** |  | | **12** |  | | **1** |  | | **2** |  | | **3** |  | | **4** |  | | **5** |  | | **6** |  | |  |  | |
| |  |  | | --- | --- | | **COMPRAS** | | |  |  | |  |  | |  |  | |  |  | |  |  | | |  | | --- | | **NÃO É IMPORTANTE AÇÃO** | |  | |  | |  | |  | |  | | |